

## The Karlsson and Peterson Scoring System for Ankle function

	Degree	Score
<b>Pain</b>	None	20
	During exercise	15
	Walking on uneven surface	10
	Walking on even surface	5
	Constant	0
<b>Swelling</b>	None	10
	After exercise	5
	Constant	0
<b>Instability</b>	None	25
	1-2 / year (during exercise)	20
	1-2 / month (during exercise)	15
	Walking on uneven ground	10
	Walking on uneven ground	5
	Constant (severe) using ankle support	0
<b>Stiffness</b>	None	5
	Moderate (morning, after exercise)	2
	Marked (constant, severe)	0
<b>Stair climbing</b>	No problems	10
	Impaired (instability)	5
	Impossible	0
<b>Running</b>	No problems	10
	Impaired	5
	Impossible	0
<b>Work activities</b>	Same as pre-injury	15
	Same work, less sports, normal leisure activities	10
	Lighter work, no sports, normal leisure activities	5
	Severe impaired work capacity, decreased leisure activities	0
<b>Support</b>	None	5
	Ankle support during exercise	2
	Ankle support during daily activities	0

- Karlsson J, Peterson L: Evaluation of ankle joint function: the use of a scoring scale. The Foot 1991, 1:15-19.